

Session outline

The world for breakfast

'The world for breakfast' takes children on a journey around the world from the breakfast table.

The session starts as we unpack a bag of groceries filled with cereal, milk, tea, coffee, sugar, bread, chocolate and bananas, and lay them out on a tablecloth ready for a meal.

Starting with this familiar scene, we introduce children to the idea of trade and begin to wonder where our food comes from and how it gets to our breakfast table.

Using globes, we work out where the United Kingdom is and discover which of our breakfast foods is produced in this country.

Then the children work in groups, talking, thinking, listening, looking and sniffing, to work out what the other breakfast foods look like in their natural state and where in the world they come from.

We come together to discuss our findings and talk about how food travels across the sea from other countries.

Focusing in on the bananas in our bag, we use role play to think about who gets paid for our food and to explore the idea of fair trade.

Children enjoy this journey from home to countries far away, using food as the starting point for discoveries about history, geography, nature and maths.

Curriculum links

Geography and History, team work, decision making, trade and travel.

In the classroom

Visit our website for a variety of session-linked classroom activities to help you prepare for your visit and follow it up back at school:

rmg.co.uk/schools

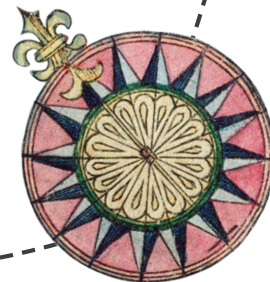
Touch

Play

Discuss

Explore

Learn



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