Session outline

Meet the Vikings Raiders, invaders, traders

Vikings were great sailors, building sturdy ships and travelling huge distances. Their seafaring talents took them far and wide, as they raided and invaded other lands, and traded their goods.

Our 'Meet the Vikings' session takes a closer look at these Scandinavian peoples and examines the skills and technologies they used to equip themselves for long sea journeys.

Children investigate a ship model to discover how Viking vessels were designed for both deep-sea sailing and navigating shallow waters, analysing the different materials used to make a watertight vessel. We wonder why they had both oars and sails, and think about the differences between ships for fighting and ships for cargo.

While the Vikings were famous for stealing, we know that they were also excellent at buying, selling and exchanging goods. Using role-play, children become Viking traders striking deals with a visiting Arab merchant. They haggle and negotiate as they exchange replica Viking goods for items from Arabia – some precious, some for everyday use. What makes a good trade?

Finally we use replica clothes to get a feel for what it was like to dress as a Viking and talk about which clothes were worn for warmth and which showed the wearer's wealth.

Curriculum links

History, Drama, team work, decision making, trade.

In the classroom

Visit our website for a variety of session-linked classroom activities to help you prepare for your visit and follow it up back at school:

rmg.co.uk/schools

