



Childhood

Talking about childhood with someone of Caribbean heritage might bring up experiences of growing up in the Caribbean or from childhood in the UK. Many people were left behind while their parent/s went to England. This could be lonely for some, whilst others may have developed a close bond with those who brought them up in the Caribbean. Others would have travelled with their family and experienced some of their childhood in England. For these individuals, school and growing up in a strange neighbourhood could be difficult as they tried to fit in.

Talking about childhood may lead an individual to share memories from the Caribbean or from England. Some of these memories may be positive, whilst others may be sad or upsetting for the individual sharing.

Talking about childhood can be a useful moment to develop a better understanding of someone's early experiences.

Use the pack of postcards marked 'childhood', and the conversation prompts below, to share.



Look at the pictures marked 'childhood'



Touch the childhood objects in the box

Then think and talk about the following questions:

- What are your strongest memories of growing up?
- Where did you go to school?
- What are your memories of school?
- What games did you play?
- Grandmothers have an important role in the Caribbean community. Do you have any memories of your grandmother?