



## Coming to England

The disembarking of passengers from the *Empire Windrush* at Tilbury Docks on 22 June 1948, was part of a period of migration that would eventually see over 500,000 Commonwealth citizens settle in Britain between 1948 and 1971. The people that migrated are often referred to as the 'Windrush Generation'. Many early journeys were made by ship, whilst later many people came to Britain from the Caribbean by plane, a much easier and shorter journey.

Many people living with dementia may share recollections of their own journey to England, or of saying goodbye to a family member who would be making the journey. There may be feelings of excitement or sadness shared.

Tell your story:



**Look** at the pictures marked 'Coming to England'



**Touch** the objects related to 'Coming to England' in the box

Then think and talk about the following questions:

- Have you been on a long journey by ship? What was it like, or, what do you imagine it was like?
- What would you take on a long ship voyage to pass the time?
- What would you, or did you, bring when moving countries?