



Find

# POLAR WORLDS



On Level 2

Here you can discover how humans have survived in the extreme climates of the Antarctic and Arctic. People have had to adapt clothing, technologies and their way of life to make these cold places their home.



What do you imagine when you think of the polar regions?



Look at the landscape films and the paintings around you.



What words would you use to describe the landscapes?

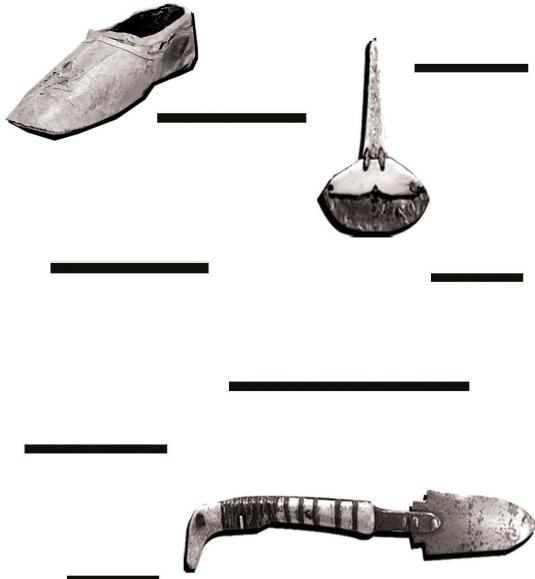


The polar regions are being changed by global warming, tourism and industry.

How might these impact these polar environments?



Have a look at the case with Inuit objects in.



Why might these materials have been used to create these tools and carvings?

The Inuit are indigenous to the Arctic and have developed unique technologies to cope with the cold.

## DRAW IN THE ARCTIC AND ANTARCTIC

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There are no indigenous communities in the Antarctic but every year scientists live there temporarily to study the environment.

Look around and pick 5 items you would take to help you survive in the polar regions.

Discuss your choices with someone else. Would they pick the same objects?

Remember you would have to carry them all. Try and pull the sleigh in the gallery to see how heavy it would be.

Finding food in the polar regions is vital to survival.

Have a look at some of the high-calorie foods polar explorers took with them. They could also hunt and collect plants

What foods might you find? Look around you for ideas.



