

Parkside Café & Terrace

Please have your table number ready before ordering your food

Please ask us about the allergens in our food

Mains

No-gluten-containing burger buns and bread available upon request

Moroccan falafel burger (vg) £16.50

Rose harissa mayonnaise, iceberg, red onion, crispy onions, pomegranate molasses, brioche bun, chunky chips 1038 kcal

Thai red curry (vg) £12.75

Corn, sweet potato, jasmine rice 445 kcal
Add grilled British chicken 113 kcal £3

Sautéed gnocchi (vg) £12.50

Nut-free pesto, sun-blushed tomatoes, roasted red pepper, Kalamata olives, red onion, confit garlic 611 kcal

Fish and chips £16

Beer-battered North Atlantic haddock, chunky chips, tartare sauce, garden peas, nori sea salt 817 kcal

Jerk chicken burger £16.50

Iceberg lettuce, sweet pickled red onion, lemon aioli, gherkin, brioche bun, chunky chips 835 kcal

Maritime burger £16

British beef and Symplicity plant-based mince patty, Cheddar, shredded iceberg, burger sauce, red onion, gherkin, brioche bun, chunky chips 945 kcal
Add free-range fried egg 91 kcal / bacon 187 kcal £2

Fresh seasonal salads

Watermelon, heritage tomato and feta salad (v) £13

Red onion, pickled smoked cucumber, rocket, lemon dressing 407 kcal

Tiger prawn salad £13.75

Baby gem, pineapple, cherry tomatoes, cucumber, Marie Rose sauce, spring onion, smoked paprika 214 kcal

Caesar salad £13

Crispy bacon, garlic croutons, soft-boiled British free-range egg, Grana Padano 487 kcal
Add grilled British chicken breast 113 kcal £3

Sides and soup

Chunky chips (vg) £5

Sea salt 362 kcal

Heritage tomato and rocket (vg) £5.50

Pickled smoked cucumber 121 kcal

Truffle and Parmesan chunky chips 563 kcal £6.50

Soup of the day (v) £7

Bread and butter

Kids' meals

All kids' meals served with carrot and cucumber sticks 30 kcal

Penne pasta (vg) £8

Tomato sauce and broccoli 332 kcal

Margherita pizza (v) 412 kcal £8

Pepperoni pizza 582 kcal £8.50

Fish fingers £8.50

Chunky chips and peas 451 kcal

Battered chicken strips £8.50

Chunky chips and BBQ sauce 446 kcal

Kids' Maritime burger £8.50

British beef and Symplicity plant-based mince patty, bun, chunky chips or salad 797 kcal

(v) vegetarian | (vg) vegan

We use a wide range of ingredients in our kitchen, some of which may contain allergens.

Please let us know if you have a specific allergy or dietary requirement so we can let you know of the most appropriate food choice.

Many of our dishes are made without gluten containing ingredients. Please ask about these dishes and other available alternatives.

Adults need around 2000kcal a day.



The menu has a labelling system that shows the amount of carbon and water emissions produced by each dish.

Scan the QR code to view the carbon footprint of your meal and to find out more about the Foodprint initiative. Each item is rated on an A-E scale, showing the impact of our food choices on the environment. Products labelled A are the most climate-friendly choice, and products labelled E... we recommend in moderation!