

Explorers Through Time

School Session Overview October 2025

Key information	
Length of session: 1 hour	
Key Stage: KS1	
Location(s) of session: Classroom and Gallery (Polar Worlds or Tudor and Stuart Seafarers)	
Learning objectives	Curriculum links
 Learners will: Describe what exploration is Be able to describe two explorers Identify and compare aspects of the lives of explorers from different time periods Use objects to help learn about the past 	 KS1 History The lives of significant individuals in the pastSome should be used to compare aspects of life in different periods Understand some of the ways in which we find out about the past Key words similar, different, compare, explorer

Overview of the session

There are two versions of this session available—Polar Explorers (Ernest Shackleton and modern polar scientist Prem Gill) or Journeys Around the World (Francis Drake and astronaut Helen Sharman). Both versions follow the same format and comprise these 3 activities:

Introduction to exploration and objects

As a whole group, using images of items from the collection, learners investigate what an explorer is and what you might need for a successful expedition. They will be introduced to the two explorers and how we might compare them.

Gallery visit

Learners will visit the Polar Worlds or Tudor and Stuart Seafarers galleries to find the best objects for the explorers to take on their expeditions.

Object handling

In 5 groups, learners will look at a pair of objects that are replicas of those used by the explorers. They will compare and contrast the explorers by using investigative skills to decide whose object is whose and why.

Suggested pre visit knowledge/activities	Suggested post visit activities
No prior knowledge of the explorers is needed	The Stories from the Sea: Exploration resource
for this session and it works well towards the	contains a range of creative writing tasks that
beginning of a topic on exploration. Some	build on the session and a range of
discussion on what an explorer is and what they	downloadable activities about museum objects
do before you arrive is very useful.	relevant to either Tudor or Polar exploration.

Links to useful resources

Stories from the Sea: Exploration resource | Royal Museums Greenwich

British Antarctic Survey - Polar Science for a Sustainable Planet (for Prem Gill)

Scott Polar Research Institute, Cambridge » Shackleton Online (for Ernest Shackleton objects)

National Space Centre Collections Online (for Helen Sharman objects)

Content guidance

This session is designed to be appropriate for KS1 and to allow them to engage with our galleries and handling objects. Historic explorers are not presented as heroes and we do not engage with any challenging aspects of their legacies. Please be aware that there are weapons in Tudor and Stuart Seafarers and taxidermy animals and stories that include death and hardship in the Polar Worlds gallery.