

Parkside Café & Terrace

Please ask us about the allergens in our food

Hot mains

Served with one side | Additional side £4.50

- Aubergine parmigiana (v)**

£14.50

Grilled aubergine, tomato and garlic sauce,
Gran Moravia cheese 228 kcal
- Chicken schnitzel and garlic mayonnaise**

£16.50

Panko-crusted British chicken fillet, roasted garlic
mayonnaise, creamy cabbage and carrot slaw 713 kcal
- Cauliflower curry and naan (vg)**

£14

Creamy cauliflower and chickpea curry,
garlic naan, chilli and coriander 713 kcal
- Pork skewers**

£16.50

Spiced pork skewers with peppers and red onion,
creamy cabbage and carrot slaw 408 kcal
- Salmon teriyaki**

£17

Teriyaki-glazed salmon, soy-braised bok choy,
pickled ginger 368 kcal

Fresh seasonal salads

- Butter bean salad (vg)**

£13.50

Butter beans, Mediterranean vegetables
with salsa verde 280 kcal
- Plum tomato and bocconcini salad (v)**

£13.50

Pesto-marinated mozzarella balls, grilled peppers,
fine beans, wild rocket 360 kcal
- Caesar salad**

£13.50

Little Gem Lettuce, Parmesan and garlic croutons,
crispy dry-cured bacon, Caesar dressing 410 kcal
- Sun-blushed tomato pasta salad (vg)**

£13.50

Fusilli pasta, tomato tapenade, baby plum tomatoes,
Kalamata olives, basil 462 kcal
- Mixed leaf salad (vg)**

£13.50

Mixed leaves and house dressing 64 kcal

Cold mains

Served with two sides

- King prawn brioche roll**

£17

King prawns, cucumber, tomato, shredded lettuce,
Marie Rose sauce, brioche roll 490 kcal
- Chorizo and smoked paprika Scotch egg**

£13.50

Smoked paprika sausage and chorizo,
free-range egg, roasted garlic aioli 490 kcal
- Mushroom and onion tart (v)**

£15

Garlic mushrooms, caramelised onion, baby spinach,
Barber's Cheddar, crispy shallots 417 kcal
- Courgette and feta frittata (v)**

£14.50

Courgette, feta, minted peas, spring onion,
parsley 330 kcal

Soup and sides

- Soup of the day (v)**

£7.50

Stone-baked ciabatta and butter 480 kcal
- Seasoned potato wedges (vg)**

270 kcal

£5.50
- Herbed sweetcorn and mixed peppers (vg)**

68 kcal

£5.50
- Creamy summer slaw (v)**

186 kcal

£5.50

Kids' meals

Served with carrot and cucumber sticks
plus a choice of one side

- 5-a-day pasta (vg)**

£7

Penne pasta and mixed vegetables
in tomato sauce 180 kcal
- Breaded scampi and tartare sauce**

160 kcal

£7.50
- Battered chicken fillets and garlic mayonnaise**

211 kcal

£7.50



(v) vegetarian | (vg) vegan

If you have a specific allergy or dietary requirement, please ask to speak with one of our trained allergy champions.
We use a wide range of products containing nuts, peanuts, gluten, and other allergens. As such there may be traces of various allergens present across our product range. We'd love to tell you what's in our food to assist you with your choice.
Adults need around 2000 kcal a day.



The menu has a labelling system that shows the amount of carbon and water emissions produced by each dish.

Scan the QR code to view the carbon footprint of your meal and to find out more about the Foodprint initiative. Each item is rated on an A-E scale, showing the impact of our food choices on the environment. Products labelled A are the most climate-friendly choice, and products labelled E... we recommend in moderation!